



LOTUS DESIGN®

*Meditation,
Relaxation
and Therapy
Accessories*

*Complete catalogue
2013/2014*



Prices

There are no prices in the catalogue. We will be delighted to send you our wholesale and retail price lists.

You can also see pricing information in our website www.lotus-design-yoga.com

Colours

A colour chart, which shows a closer approximation of the original colours, is attached to the back page of this catalogue. For space reasons there are no colour names listed for a few of the articles. With the help of the colour number you can find the corresponding colour in the colour chart. Please speak to your dealer or contact us directly if you have any questions regarding the original colour chart.

Ordering

Please provide the six digit order number as well as the two to four digit colour number when ordering.

Customised version

We are also happy to supply the sitting cushions and mats tailor-made to your own individual size and material requirements if desired for order sizes of 15 units or more.

Please request our yoga catalogue where we have many useful accessories such as yoga mats and yoga blocks available for your yoga practise.



Simple and beautiful

Products for a balanced lifestyle, for relaxation, meditation and therapy.

Relaxation techniques such as yoga and meditation are a natural constituent part of a balanced way of life. On these pages you will certainly find the cushion, bench or exercise mat to optimise your continued exercise.

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Meditation and sitting cushions

Materials

We use exclusively high quality and hard-wearing materials for our cushions. The cushions are mostly fitted with inner cushions, removable covers, and labels with care instructions.

Filling

The inner cushions are fitted with zip fasteners to adjust the amount of filling. We use natural filling materials such as buckwheat husks, cotton flock, spelt husks (from organic cultivation), kapok fibres and coconut fibres .

Organic range

We use robust half-panama cotton as filling material, the inner cushion is Reinforced or firm twill – all made from certified organic and GOTS-compliant cotton. The zip fasteners are nickel-free. The filling materials – buckwheat husks and spelt husks are likewise from organically controlled cultivation; the kapok fibres are grown in the wild.

Individual cushions covers / inner cushions

Individual cushion covers / inner cushions



Basic

classic meditation cushions, in four different heights, for practitioners of all sizes and levels of experience.

Round, cotton twill cover, washable up to 30° C, colourful edging on the carry strap, drawstring, buckwheat husk filling, with inner cushion.

Weight ca. 2.3 kg

Colours: 01, 03, 04, 05, 06, 07, 08, 09, 10, 11, 12, 13, 14, 15, 16, 17, 18, 19

Height 10 cm Sitting area Ø 28.5 cm Order No. 111110

Height 12 cm Sitting area Ø 28.5 cm Order No. 112110

Height 14 cm Sitting area Ø 28.5 cm Order No. 113110



Only inner cushion Height 10 cm Order No. 811100

Height 12 cm Order No. 812100

Height 14 cm Order No. 813100

Basic N

Round, certified organic cotton half-panama cover, drawstring, certified organic buckwheat husk filling, inner cushion with zip fastening.

IVN-Best / GOTS certified through IMO 28339 CH



Colours: Natural N04, yellow N05, red-orange N06, wine red N07, blue N08, anthracite N09

Height 10 cm Sitting area Ø 28,5 cm Order No. N-313140

Height 14 cm Sitting area Ø 28,5 cm Order No. N-311140

Height 19 cm Sitting area Ø 28,5 cm Order No. N-312140



Basic – 19 cm

Comfortable, balanced and effortless sitting for beginners and taller practitioners.

Cotton twill cover, washable up to 30°C, buckwheat husk filling, with inner cushion.

Weight ca. 2.8 kg

Colours: 01, 03, 04, 05, 06, 08, 11, 12, 15, 19

Height 19 cm Sitting area Ø 28.5 cm Order No. 114110

Only inner cushion Height 19 cm Order No. 814100



Basic Maxi

Wider seat, for a more comfortable support of the pelvis. Round, cotton twill cover, washable at 30°C, drawstring, buckwheat husk filling, with inner cushion. Weight ca. 3 kg

Colours: natural 01, yellow 03, red-orange 05, wine red 08, marine blue 15, black 19

Height 15 cm Sitting area Ø 34 cm Order No. 131110

Only inner cushion Order No. 831100



Classic Yoga small

Popular small classic meditation cushion, with a height of just 7 cm. Round, cotton twill cover, Zipper across lower side, washable at 30°C, buckwheat husk filling, with inner cushion. Weight ca. 1.5 kg.

Colours: 01, 03, 04, 05, 06, 08, 15, 19

Height 7 cm Sitting area Ø 28,5 cm Order No. 115110



Classic Yoga large

Classic round meditation cushion at the standard height of 14 cm, with peripheral zip fastening for easier cover removal. Round, cotton twill cover, washable at 30°C, buckwheat husk filling, with inner cushion. Weight ca. 2.3 kg.

Colours: 01, 03, 04, 05, 06, 08, 15, 19

Height 14 cm Sitting area Ø 28,5 cm Order No. 116110

Special colour Strawberry red Order No. 182113



Classic Yoga large, velour

As above, but with cotton velour. Weight ca. 2.3 kg

Colours: red-orange 83, wine-red 84, blue 85, black 86

Height 14 cm Sitting area Ø 28,5 cm Order No. 116110





Crescent cushions



Yoga

Crescent-shaped meditation cushion, best for sitting cross legged. Cotton twill cover, washable at 30°C, edging on the carry strap, zip fastening underneath, buckwheat husk filling, with inner cushion. Weight ca. 2.1 kg.

Colours: 01, 03, 05, 06, 07, 08, 11, 12, 13, 14, 15, 17, 19

Height 12 cm Sitting area 42 cm Order No. 121110

Only inner cushion Order No. 821100



Yoga Velour

As above but with cotton velour, without edging on the carry strap.

Colours: red-orange 83, wine red 84, blue 85, black 86

Height 12 cm Sitting area 42 cm Order No. 121110



Yoga N

Crescent-shaped, certified organic half-panama cotton cover with certified organic buckwheat husk filling. Zip fastening underneath, inner cushion with zip fastening. IVNBest / GOTS certified through IMO 28339 CH



Colours: natural N04, yellow N05, red-orange N06, wine red N07, blue N08, anthracite N09

Height 12 cm Sitting area 42 cm Order No. N-313140



Yoga Croissant

Crescent-shaped meditation cushion suitable for sitting cross legged. Its ergonomic shape tilts the pelvis forward and the spine remains erect. Crescent-shaped, cotton twill cover, zip fastening underneath, buckwheat husk filling, with inner cushion. Weight ca. 1.8 kg.

Colours: natural 01, yellow 03, red-orange 05, wine red 08, marine blue 15, black 19

Height 10 cm Sitting area 35 cm Order No. 123110

Only inner cushion Order No. 823100

Travel cushions



Mini

Personal travel cushion with low height seat. Rectangular, cotton twill cover, washable at 30°C, edging on the carry strap, zip fastening, buckwheat husk filling, without inner cushion. Weight ca. 1 kg.

Colours: 01, 03, 04, 05, 06, 07, 08, 09, 10, 11, 12, 13, 14, 15, 16, 17, 18, 19

Height 10 cm Sitting area 21 x 14 cm Order No. 142110



Mini XL

As above, but larger: Sitting area 26 x 20 cm, Height 11 cm. Weight ca. 1,4 kg.

Colours: yellow 03, red-orange 05, wine red 08, marine blue 15, black 19

Height 11 cm Sitting area 26 x 20 cm Order No. 144110



Mini N

Travel cushion, rectangular, half-panama cotton cover, zip fastening, buckwheat husk filling, without inner cushion.

IVN-Best / GOTS certified through IMO 28339 CH



Colours: natural N04, yellow N05, red-orange N06, wine red N07, blue N08, anthracite N09

Height 10 cm Sitting area 21 x 14 cm Order No. N-331140



Java

A cushion that has taken its form from the original yoga tradition. With three different fillings from flexible through supple to firm it offers different levels of sitting comfort. Rectangular, cotton twill cover, washable at 30°C, with zip fastening, without inner cushion.

Colours: natural 01, yellow 03, red-orange 05, wine red 08, marine blue 15, black 19

Buckwheat	Height 11 cm	Sitting area 36 x 21 cm	Order No. 141110
Coconut coir	Height 11 cm	Sitting area 36 x 21 cm	Order No. 141410
Cotton	Height 11 cm	Sitting area 36 x 21 cm	Order No. 141510



Profi

Flat cushion filled with buckwheat husks or with cotton flock for advanced practitioners. Rectangular, cotton twill cover, washable at 30°C, with zip fastening, with ticking. Weight ca. 1.1 kg.

Colours: natural 01, yellow 03, red-orange 05, wine red 08, marine blue 15, black 19

Buckwheat	Height 5 cm	Sitting area 40 x 20 cm	Order No. 145110
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Cotton	Height 5 cm	Sitting area 40 x 20 cm	Order No. 145510
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Profi N

Rectangular, certified organic half-panama cotton cover, zip fastening, certified organic buckwheat husk filling, ticking with zip fastening.

IVN-Best / GOTS certified through IMO 28339 CH



Colours: natural N04, yellow N05, red-orange N06, wine red N07, blau N08, anthracite N09

Buckwheat	Height 5 cm	Sitting area 40 x 20 cm	Order No. N-332140
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Mini Round Cushion

Small meditation cushion with low height, for travelling and small practitioners (children). Round, cotton twill cover, washable at 30°C, with carry strap and transverse zip fastening, buckwheat husk or cotton flock filling, without inner cushion. Weight ca. 1.4 kg.

Colours: natural 01, yellow 03, red-orange 05, wine red 08, marine blue 15, black 19

Buckwheat	Height 8 cm	Sitting area Ø 24 cm	Order No. 152110
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Cotton	Height 8 cm	Sitting area Ø 24 cm	Order No. 152510
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Comfort cushions



Classic Maxi

Comfortable versatile cushion, with light weight filling, high seat and wide diameter. Round, cotton twill, pre-shrunk cover, washable at 60° C, side covered zip fastening, spelt husk filling, with inner cushion. Weight ca. 3 kg.

Colours: natural 01, yellow 03, red-orange 05, wine red 08, marine blue 15, black 19

Height 18 cm Sitting area Ø 35 cm Order No. 132220

Only inner cushion Order No. 832200



Classic Maxi N

Round, certified organic cotton half-panama cover, side covered zip fastening, certified organic spelt husk filling, inner cushion with zip fastening. Weight ca. 3 kg.

IVN-Best / GOTS certified through IMO 28339 CH



Colours: natural N04, yellow N05, red-orange N06, wine red N07, blue N08, anthracite N09

Height 18 cm Sitting area Ø 35 cm Order No. N-321240



Classic Oval

Comfortable extra height, suited for heel sitting on oval shape. Oval, cotton twill cover, washable at 30°C, with zip fastening, buckwheat husk filling, with inner cushion. Weight ca. 2.8 kg.

Colours: natural 01, yellow 03, red-orange 05, wine red 08, marine blue 15, black 19

Height 21 cm Sitting area 35 x 25 cm Order No. 133110

Only inner cushion Order No. 833110



Classic Oval N

As above but certified organic cotton half-panama cover, side covered zip fastening, certified organic buckwheat husk filling, inner cushion with zip fastening. IVN-Best / GOTS certified through IMO 28339 CH



Colours: natural N04, yellow N05, red-orange N06, wine red N07, blue N08, anthracite N09
Height 21 cm Sitting area 35 x 25 cm Order No. N-316140



Ergo

Ergonomic wedge shaped cushion for better posture. Round, slight wedge shape, cotton twill cover material, washable at 30° C, drawstring, buckwheat husk filling, with inner cushion. Weight ca. 2.6 kg

Colours: natural 01, yellow 03, red-orange 05, wine red 08, marine blue 15, black 19
Height vorne 9 cm, hinten 15 cm Sitting area Ø 28 cm Order No. 117110



Ergo N

As above but certified organic cotton half-panama cover, drawstring, certified organic buckwheat husk filling, inner cushion with hook-and-loop fastening. IVN-Best / GOTS certified through IMO 28339 CH



Colours: natural N04, yellow N05, red-orange N06, wine red N07, blau N08, anthracite N09
Height vorne 9 cm, hinten 15 cm Sitting area Ø 28 cm Order No. N-314140



Velvet and silk cushions



Basic Velvet

Round, cotton velvet cover, drawstring, buckwheat husk filling, with inner cushion. Weight ca. 2.3 kg.

Colours: yellow 30, orange 31, strawberry red 32, wine red 33, dark green 34, royal-blue 35, pink 36, black 37

Height 10 cm Sitting area Ø 28,5 cm Order No. 111130

Height 12 cm Sitting area Ø 28,5 cm Order No. 112130

Height 14 cm Sitting area Ø 28,5 cm Order No. 113130



Basic Velvet – 19 cm

As above, but higher. Height 19 cm, weight ca. 2.8 kg.

Colours: orange 31, wine red 33

Height 19 cm Sitting area Ø 28,5 cm Order No. 114130



Yoga Velvet

Crescent-shaped, cotton velvet cover, zip fastening underneath, buckwheat husk filling, with inner cushion. Weight ca. 2.1 kg.

Colours: yellow 30, orange 31, strawberry red 32, wine red 33, dark green 34, royal-blue 35, pink 36, black 37

Height 12 cm Sitting area 42 cm Order No. 121130



Classic Silk

Round, Dupion silk cover, peripheral covered zip fastening, buckwheat husk filling, with inner cushion. Weight ca. 2.3 kg.

Colours: yellow 40, orange 41, rot 42, turquoise 43, blue 44, lilac 45

Height 13 cm Sitting area Ø 29 cm Order No. 115160



Brocade cushions

The term "brocade" comes from the Latin word "broccare" (stitch) and describes a whole range of different materials and material qualities. Most often this means high quality Jacquard fabrics with gold or silver threads woven into them - so-called gold brocade or silver brocade. They are manufactured from cotton or cotton mixtures, from silk (silk brocade) but also from synthetic fibres.



Classic Brocade

Round, brocade silk cover, peripheral covered zip fastening, buckwheat husk filling, with inner cushion. Weight ca. 2.3 kg.

Colours: Light red 50, dark red 51, blue 52, multi-coloured 53

Height 13 cm Sitting area Ø 29 cm Order No. 115150



Yoga Brocade

Crescent-shaped, brocade silk cover, zip fastening underneath, buckwheat husk filling, with inner cushion. Weight ca. 2.1 kg.

Colours: Light red 50, dark red 51, blue 52, multi-coloured 53

Height 12 cm Sitting area 42 cm Order No. 121150



Classic imitation brocade

Round, imitation brocade silk cover, peripheral covered zip fastening, buckwheat husk filling, with inner cushion. Weight ca. 2.3 kg.

Colours: red 60, blue 61

Height 13 cm Sitting area Ø 29 cm Order No. 115140



Yoga imitation brocade

Crescent-shaped, imitation brocade silk cover, zip fastening underneath, buckwheat husk filling, with inner cushion. Weight ca. 2.1 kg.

Colours: red 60, blue 61

Height 12 cm Sitting area 42 cm Order No. 121140

Zen cushions



Zafu Japanese 偏裨, Chinese 裨团

Traditional Zazen cushion, usually goes together with zabuton mat. Round, cotton twill cover, washable at 30°C, with zip fastening underneath, buckwheat husk filling or kapok filling, with inner cushion. Weight ca. 3.5 kg.

Colours: natural 01, yellow 03, red-orange 05, wine red 08, marine blue 15, black 19

Buckwheat	Height 15 cm	Sitting area Ø 34 cm	Order No. 151110
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Kapok	Height 15 cm	Sitting area Ø 34 cm	Order No. 151310
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Zafu N

Round, certified organic cotton half-panama cover, zip fastening underneath, certified organic buckwheat husk filling (IVN-Best / GOTS certified through IMO 28339 CH) or kapok filling, inner cushion with hook and loop fastening.



Colours: natural N04, yellow N05, red-orange N06, wine red N07, blau N08, anthracite N09

Buckwheat	Height 15 cm	Sitting area Ø 34 cm	Order No. N-315140
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Kapok	Height 15 cm	Sitting area Ø 34 cm	Order No. N-315440
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Zafu Velour

As above, but with cotton velour cover

Colours: red-orange 83, wine red 84, blue 85, black 86

Buckwheat	Height 15 cm	Sitting area Ø 34 cm	Order No. 151111
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Kapok	Height 15 cm	Sitting area Ø 34 cm	Order No. 151311
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Zen Baton

Classic Zen shape for kneeling and cross legged positions, stabilises the sitting. Rectangular, cotton twill cover, washable at 30°C, with zip fastening, buckwheat husk filling, without inner cushion. Weight ca. 2.3 kg.

Colours: natural 01, yellow 03, red-orange 05, wine red 08, marine blue 15, black 19

Height 15 cm	Sitting area 40 x 12 cm	Order No. 171110
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Zen Roll

Classic zen shape for kneeling and cross legged positions. The round shape supports flexible sitting. Round, cotton twill cover, washable at 30°C, with zip fastening, buckwheat husk filling, without inner cushion. Weight ca. 1.8 kg.

Colours: natural 01, yellow 03, red-orange 05, wine red 08, marine blue 15, black 19
Length 40 cm Ø 16 cm Order No. 172110



Zen Roll N

Round, certified organic cotton half-panama cover, zip fastening, certified organic buckwheat husk filling, inner cushion with zip fastening. IVN-Best / GOTS certified through IMO 28339 CH



Colours: natural N04, yellow N05, red-orange N06, wine red N07, blue N08, anthracite N09
Length 40 cm Ø 16 cm Order No. N-334140

Cushion with embroidery



Zafu Knot

Zafu with "endless knot" embroidery. Usually used with a zabuton mat. Cotton twill cover with "Endless love knot" embroidery. Washable at 30°C, with zip fastening underneath, buckwheat husk filling or kapok filling, with inner cushion. Weight ca. 3.4 kg.

Colours: wine red 76, with black Symbol

Buckwheat	Height 15 cm	Sitting area Ø 34 cm	Order No. 151190
Kapok	Height 15 cm	Sitting area Ø 34 cm	Order No. 151390



Basic Dragon

Cotton denim cover, "Dragon" embroidery, drawstring, buckwheat husk filling, with inner cushion, cover washable at 30°C. Weight ca. 2.3 kg.

Colour: light red 73

Height 14 cm Sitting area Ø 28,5 cm Order No. 113190



Classic Lotus

Cotton denim cover, "Dragon" embroidery, drawstring, buckwheat husk filling, with inner cushion, cover washable at 30°C. Weight ca. 2.3 kg

Colour: strawberry red

Height 14 cm Sitting area Ø 28,5 cm Order No. 113192



Classic Lotus – small

Round, cotton twill cover and "Lotus" embroidery.

Peripheral zip fastening, buckwheat husk filling, with inner cushion, cover washable at 30°C. Weight ca. 2.3 kg

Colour: strawberry red

Height 14 cm Sitting area Ø 28,5 cm Order No. 113194



Basic Flower

Round, cotton twill cover with "Flower of life" embroidery.

Drawstring, buckwheat husk filling, with inner cushion, cover washable at 30°C. Weight ca. 2.3 kg

Colours: dark blue with yellow embroidery

Height 14 cm Sitting area Ø 28,5 cm Order No. 113191



Classic Flower of Life

Round, cotton twill cover and "Flower of life" embroidery. Peripheral zip fastening, buckwheat husk filling, with inner cushion, cover washable at 30°C.

Weight ca. 2.3 kg.

Colour: strawberry red with pink embroidery

Height 14 cm Sitting area Ø 28,5 cm Order No. 113193



Special cushions, knee pads



Special cushion, Basic

The cost-effective alternative, but still in proven Lotus Design quality. Round, different materials, drawstring, buckwheat husk filling, with inner cushion.

Weight ca. 2.3 kg.

Please enquire about colours

Height 13 cm Sitting area Ø 29 cm Order No. 181113-29



Special cushion – Classic Yoga large

The cost-effective alternative, but still in proven Lotus Design quality. Round, with peripheral zip fastening, buckwheat husk filling, with inner cushion. Weight ca. 2.3 kg.

Colour: yellow 03, strawberry red 06

Height 14 cm Sitting area Ø 28,5 cm Order No. 182113



Knee pad

Support for the knee to relieve pain during yoga and meditation. Cotton twill cover, zip fastening, without ticking, buckwheat husk filling, or cotton fleece, 2-ply.

Colours: natural 01, yellow 03, red-orange 05, wine red 08, marine blue 15, black 19

Buckwheat Height ca. 4 cm Size 32 x 28 cm Order No. 520110

Cotton Height ca. 4 cm Size 32 x 28 cm Order No. 520510



Knee pad N

As above but certified organic cotton half-panama cover, (IVN-Best / GOTS certified through IMO 28339 CH), zip fastening, without ticking, certified organic buckwheat husk filling, or cotton fleece, 2-ply.



Colours: natural N04, yellow N05, red-orange N06, wine red N07, blau N08, anthracite N09

Buckwheat Height ca. 4 cm Size 32 x 28 cm Order No. N-336140

Cotton Height ca. 4 cm Size 32 x 28 cm Order No. N-336640



Meditation benches

The meditation benches are primarily intended for knee sitting; however, it is also possible to use them, just as they are, to sit on the bench with legs crossed in front of the body. We offer various different heights so that they are also suitable for larger or heavier persons.

Our meditation benches are mostly made from domestic types of wood in recognised disabled workshops and are precisely constructed by hand. The joints in the wood are primarily made with dowels.

Comfort

Flat seat, with rounded front corners of the legs to adjust inclination when sitting.
solid beech, rigid legs



Beech	Height 19 cm	Sitting area 45 x 17 cm	Order No. 211100
Beech	Height 21 cm	Sitting area 45 x 17 cm	Order No. 212100
Beech	Height 23 cm	Sitting area 45 x 17 cm	Order No. 213100

Comfort Travel

Foldable legs for easy storage or travel packing
Solid beech, legs rounded at the front, folding



Beech	Height 19 cm	Sitting area 45 x 17 cm	Order No. 221100
Beech	Height 21 cm	Sitting area 45 x 17 cm	Order No. 222100

Linear

Inclined seat for better posture. Legs flush with sides.
Solid beech, legs straight at the front, rigid.



Beech	Height 19 cm	Sitting area 44 x 15 cm	Order No. 231100
Pine	Height 19 cm	Sitting area 44 x 15 cm	Order No. 231200



Balance

inclined seat for better posture. Central support to allow more space for your legs beneath.

Solid beech, central support, straight front.

Beech Height 21 cm Sitting area 41 x 17 cm Order No. 241100

Pine Height 21 cm Sitting area 41 x 17 cm Order No. 241200



Japan

Zazen traditional shape. Inclined seat for better posture, central support to allow more space for your legs underneath.

Solid spruce, central support plinth, straight front.

Spruce Height 21 cm Sitting area 41 x 14 cm Order No. 252300



Vario

Extra Large seat with variable height.

Birch laminate, central support plinth, large sitting area, adjustable to 17 and 25 cm.

Birch Height 17/25 cm Sitting area 40 x 24,5 cm Order No. 261400



Cushion for benches

Cotton twill cover, zip fastening, pure new wool ticking.

Colours: natural 01, yellow 03, red-orange 05, wine red 08, marine blue 15, black 19

Size 42 x 20 cm Order No. 511620

Cushion for benches N

Certified organic cotton half-panama cover, zip fastening, pure new wool inner cushion.

Colours: natural N04, yellow N05, red-orange N06, wine red N07, blue N08, anthracite N09

Size 40 x 20 cm Order No. N-337540





Sitting and exercise mats

Our mat covers are made from hard-wearing, pre-shrunk cotton twill material, and can be removed and washed at 60° C. They have hotel closures and straps for tying up. These mats are also available with zip fastening and without straps, if desired. The ticking, filled with cotton or pure new wool, are available in various different strengths: Single ply – height 3 cm, two-ply – height 5 cm, three-ply – height 7 cm. Special mat designs are also possible with order sizes of 15 units or more – please ask for details

Zabuton (Sitting mat jap. 偏恰奠)

Traditional Japanese sitting mat, usually used with Zafu cushion. Versatille uses Cotton twill, pre-shrunk cover, washable at 60° C, hotel closure, one-, two- or three-ply ticking, point-quilted with cotton fleece or pure new wool fleece.



Colours: natural 01, yellow 03, red-orange 05, wine red 08, marine blue 15, black 19

Single-ply cotton	Height 3 cm	Size 70 x 90 cm	Order No. 311520
Two-ply cotton	Height 5 cm	Size 70 x 90 cm	Order No. 312520
Three-ply cotton	Height 7 cm	Size 70 x 90 cm	Order No. 313520
Two-ply new wool	Height 5 cm	Size 70 x 90 cm	Order No. 312620
Three-ply new wool	Height 7 cm	Size 70 x 90 cm	Order No. 313620

Zabuton Q (Sitting mat)

As above, but size 75 x 75 cm



Single-ply cotton	Height 3 cm	Size 75 x 75 cm	Order No. 314520
Two-ply cotton	Height 5 cm	Size 75 x 75 cm	Order No. 315520
Three-ply cotton	Height 7 cm	Size 75 x 75 cm	Order No. 316520
Two-ply new wool	Height 5 cm	Size 75 x 75 cm	Order No. 315620
Three-ply new wool	Height 7 cm	Size 75 x 75 cm	Order No. 316620



Ticking only

Individual ticking, 70 x 90 cm



Single-ply cotton	Height 3 cm	Size 70 x 90 cm	Order No. 861500
Two-ply cotton	Height 5 cm	Size 70 x 90 cm	Order No. 862500
Three-ply cotton	Height 7 cm	Size 70 x 90 cm	Order No. 863500
Two-ply new wool	Height 5 cm	Size 70 x 90 cm	Order No. 862600
Three-ply new wool	Height 7 cm	Size 70 x 90 cm	Order No. 863600

Individual ticking, 75 x 75 cm

Single-ply cotton	Height 3 cm	Size 75 x 75 cm	Order No. 864500
Two-ply cotton	Height 5 cm	Size 75 x 75 cm	Order No. 865500
Three-ply cotton	Height 7 cm	Size 75 x 75 cm	Order No. 866500
Two-ply new wool	Height 5 cm	Size 75 x 75 cm	Order No. 865600
Three-ply new wool	Height 7 cm	Size 75 x 75 cm	Order No. 866600



Zabuton N

Sitting mat, cotton half-panama cover, hotel closure with straps for tying up, ticking with pure new wool fleece, two-ply point quilted.



Colours: natural N04, yellow N05, red-orange N06, wine red N07, blue N08, anthracite N09

Size 80 x 80 cm Order No. N-361540

Zabuton Wool (Sitting mat)

As above, but pure new wool knit cover with zip fastening, pure new wool ticking, Two-ply, cover hand-washable with wool detergents or hair shampoo.



Two-ply new wool	Size 70 x 90 cm	Order No. 312612
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Relax (Exercise mat)

Cotton twill, pre-shrunk cover, washable at 60° C, hotel closure, ticking two-ply cotton fleece, point-quilted or two-ply pure new wool fleece, point quilted.

Colours: natural 01, yellow 03, red-orange 05, wine red 08, marine blue 15, black 19

Cotton	90 x 200 cm	Order No. 321520
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Pure new wool	90 x 200 cm	Order No. 321620
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Relax Plus (Exercise mat)

as above, but with single-ply or two-ply cotton fleece ticking, fully quilted (mattress pad).

Colours: natural 01, yellow 03, red-orange 05, wine red 08, marine blue 15, black 19

Single-ply cotton	90 x 200 cm	Order No. 322520
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Two-ply cotton	90 x 200 cm	Order No. 323520
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Ticking only

Individual ticking, cotton or pure new wool, size 90 x 200 cm.

Two-ply cotton	90 x 200 cm	Order No. 871500
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Two-ply new wool	90 x 200 cm	Order No. 871600
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Relax N (exercise mat)

Exercise mat, certified organic cotton half-panama cover, hotel closure with straps for tying up, ticking with pure new wool fleece, or certified organic cotton fleece, 2-ply, point-quilted.



Colours: natural N04, yellow N05, red-orange N06, wine red N07, blue N08, anthracite N09

Two-ply new wool	200 x 90 cm	Order No. N-363540 (nicht GOTS)
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Two-ply cotton	200 x 90 cm	Order No. N-363740
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Wool exercise mats

These mats are particularly well suited for slow, gentle relaxation exercises and passive exercises in the prone position. The all-natural warming wool surface protects from the cold from below and the wider design also enables arms to be laid to the side on the floor. They have a dimpled, non-slip underside and are bordered with a velvet strip at the edges. The mats can be hand washed with wool detergents or hair shampoo. Ca. 2.5 cm thick.



Velour

Top side pure new wool knit in velour. They are combed, woven pure new wool.

Pure new wool	75 x 200 cm	Order No. 341012-V
Pure new wool	90 x 200 cm	Order No. 342012-V
Pure new wool	100 x 200 cm	Order No. 343012-V



Lamb

Top side pure new wool knit in lambswool. This is made with the first shear of the lamb. This gives the top surface its curly structure and it is particularly pleasantly fleecy..

Pure new lambswool	75 x 200 cm	Order No. 341012-L
Pure new lambswool	90 x 200 cm	Order No. 342012-L



Carry pouch, wine red

This carry pouch is ideally suited for transporting your exercise mat. Cotton twill, pre-shrunk, drawstring, carry strap, washable at 60° C.

Colour: wine red		
Cotton	27 x 92 cm	Order No. 531020

Blankets



Wool blankets – plain coloured



These blankets made from pure new wool from New Zealand sheep are distinguished by their diverse and brilliant colours and light-fastness. (EU product) Hand washable with wool detergents or hair shampoo.

Colours: Red, light red, orange, yellow, moss green, lilac, blue, steel blue, petrol, bamboo
Pure new wool ca. 150 x 200 cm Order No. 550016



Wool blankets – Öko-Tex standard 100



Cosy and warm, extra large design, with care this blanket will be with you for a long time to come (manufactured in Germany).

Washable up to 30° C with liquid washing detergent, spin in delicates cycle, dry gently in tumble drier, wash separately. Pure new wool, edged.

Colours: natural, red-orange, crimson, blue, gray-blend, brown, lilac
Cotton ca. 150 x 200 cm Order No. 550017



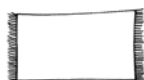
Wool blankets – Natural colours

The basis for these all-natural blankets is the washed and gently cleaned wool of Scandinavian sheep which makes their natural colouring and the unmistakable character in the various different patterns unique. (EU product) Pure new wool with woolmark, with fringes, natural colours, available in various patterns, hand washable with wool detergent or hair shampoo.

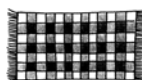


Pure new wool 140 x 240 cm Order No. 550015

The blankets are available in the following patterns:



No. 100



No. 101



No. 103



No. 105



No. 107



No. 108



No. 109



No. 122



No. 123



Singing bowls and cymbals

Singing bowls have different effects depending on tone and vibration. They can be calming and relaxing, harmonising or stimulating. They can also be used in therapy.

Our singing bowls come from the north of India and from Nepal and are of exceptional quality. They are hand made using old traditional techniques from complex metal alloys and impress with their fascinating tonal dimensions.



Singing bowl

Purely hand-worked, from North India or Nepal, without classification of planetary.

Weight ca. 380 gr. Ø 12 cm Order No. 411000

Weight ca. 520 gr. Ø 14 cm Order No. 412000



Therapeutic bowls

Handmade, then turned internally by machine, with particular mixing ratios in the composition of the alloys, from Nepal, high ringing volume.

Weight ca. 150 to 2500 grams, Ø 10 bis 30 cm Order No. 430000 per kilo



Cushion

for singing bowls. Round, cotton velvet, brocade silk or dupion silk, with decorative border, buckwheat husk filling.

Size Ø 12 cm Order No. 441000

Size Ø 15 cm Order No. 442000



Striker

Turned wood, with leather cover.

Wood with leather Length 17,5 cm, Ø 2,6 cm Order No. 432000



Cushion

For statues or stones, rectangular, cotton velvet, brocade silk or dupion silk, with decorative border, buckwheat husk filling.

Size 14 x 20 cm

Order No. 443000



Cymbals

Bronze alloy, suitably tuned, pure sound, plain with leather thong, in two sizes.

Plain Ø 6 cm

Order No. 421000

Plain Ø 7 cm

Order No. 423000



Cymbals

Bronze alloy, suitably tuned, pure sound, various different decorative effects, with leather thong, in two sizes.

Decorated Ø 6 cm

Order No. 422000

Decorated Ø 7 cm

Order No. 424000



Joss sticks

Made with medicinal herbs, as well as precious natural substances such as musk, sandalwood, cardamom or nagi; produced in Nepal in accordance with Tibetan or Ayurvedic medicine, traditional to the area and for cleaning and creating a beneficial atmosphere. Burn time 55 to 90 minutes.

Healing Incense Order No. 561000

Shambala Order No. 563000

Tibetan Incense Order No. 562000

Kalashakra Order No. 564000





Filling materials

The filling materials that we use can also be ordered by weight in kg's or other weight units of your preference.



Buckwheat chaff

Shell-like chaff, elastic and free-flowing, ideally suited for sitting, from conventional cultivation. Price per kilo.

Order No. 610000



Buckwheat chaff – Organic

Shell-like chaff, elastic and free-flowing, ideally suited for sitting, from organically controlled cultivation. Price per kilo.

Order No. N-910000



Spelt chaff – Organic

Light and stable spelt husks, de-dusted and cleaned several times, from organically controlled cultivation. Price per kilo.

Order No. N-920000



Kapok fibre

Pure plant fibre from Kapok trees, high self-purification ability, anti-bacterial due to natural bitterness, grown in the wild. Price per kilo.

Order No. 630000



Cotton

Cotton flock from pure naturally white cotton; well suited for filling cushions or bolsters. Price per kilo.

Order No. 660000



Coconut coir

Latex coated coconut fibre, packaged with cotton fleece. Price per unit.

Height 11 cm Sitting area 36 x 21 cm Order No. 650000



Quality assurance



IVN

We are a member of the registered international association of natural textile companies – the IVN. Our production-materials, dyes, fittings, further processing and fillings – are in accordance with the strict guidelines of the IVN-Best and also in accordance with internationally recognised social standards.

The IVN-Best certificate currently represents the highest ecological standard that can be realised. In comparison to the familiar GOTS certificate more strict criteria pertaining to the chemicals, dyes and auxiliary materials must be complied with here. In addition, only end products that are made from 100% natural textiles can be certified.



GOTS

The GOTS certificate is a ground-breaking step towards the harmonisation and transparency of natural textile labels and thus also to more consumer security. The Global Organic Textile Standard defines not only the guidelines for controlled organic cotton cultivation and environmentally friendly processing. In fact the GOTS also enforces extensive social standards within the whole production chain. Textiles, which we offer as GOTS-compliant, have been checked by the Swiss Institute for marketplace ecology IMO - checked under number IMO 28339 CH - and released for trading.



Who we are

LOTUS DESIGN® was formed in 1986 as a branch of Nyingma Zentrum Deutschland e. V, a non-profit organisation for the promotion of Tibetan Buddhism. Initially meditation cushions were produced, for internal use and for sale in the association bookshop. Soon after the cushions were also sold to other meditation centres, esoteric bookshops and furniture companies. Since 1994 LOTUS DESIGN® has been an independent company, a subsidiary of Nyingma Zentrum Deutschland e. V..

Over the intervening years the range of products and the turnover has increased steadily, so that today we are able to offer a wide selection of goods for relaxation, meditation and therapy throughout Europe. Meanwhile eight permanent employees take care of the smooth and rapid processing of your orders and their shipment throughout Europe.

On the path to being an integration company: We were able to attract three of our young colleagues through the support of the vocational training centre of the Michaelshoven Diakonie [welfare organisation] in the Rodenkirchen district of Cologne, and were able to open up a new professional perspective for them in our company by means of supportive integration.

Manufacturing and quality

"We pay attention to quality and to social responsibility!"

The manufacturing of our products is carried out almost exclusively in recognised disabled workshops in Germany. For example, the Bonn workshops, that for many years now have been sewing meditation cushions, sleeping pillows etc. in various different shapes and colours for Lotus Design® and Lotus Natural Sleep®. The experience and high quality awareness of these operations ensure long-lasting products. We are constantly striving to use only natural high-quality materials wherever possible in our development and manufacturing. We strive constantly to improve the quality and selection of our goods and because of this we are grateful for any suggestions.





LOTUS DESIGN®

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was provided by: